Bronze/ developing:

Games:

- Children will catch beanbag on their own occasionally with varying degrees of success.
- Children will demonstrate correct use of hands and show ready position, they will describe warm up activities.
- Children will be able to move around during warm up safely and describe a warm up.
- Children will be able throw with some accuracy into a large target underarm
- Children will be able to demonstrate simple warm up activities side steps/ heel flicks/ skipping/ star jumps with some good technique.

Dance/gymnastics:

- Children will replicate simple dance moves with some success and with some support, not linking move fluently or with good timing.
- Children will demonstrate easy patch/point balances when assisted and demonstrated to.
- Children will travel around hall using different parts of their bodies on different apparatus.
- Children will be able to land safely from standing jump.

Athletics/outdoor activities:

- Children will be able to throw object and jump over short distance with limited correct technique from a standing position.
- Children will need assistance during relay runs, getting ready to go.
- Children will show some signs of working in small teams when overcoming simple challenges.
- Children will sometimes run at different speeds changing on command.

Silver/ secure

Games:

- Children will throw and catch with a partner with some control, catching sometimes with good technique W/cup, using a bean bag or large ball.
- Children will move in space in a small game situation occasionally considering best place to stand.
- Children will show and replicate some tactical awareness applying sometimes in mini game situation/ 3 v 1.
- Children will often use rules and play fairly.

Dance/gymnastics:

- Children will perform simple travels/balances repeating movements with some accuracy.
- Children will use simple terms to describe and evaluate good control and quality.
- Children will show safe landing and different shapes in the air (tuck, star, pencil) with some success on quality (pointing toes, back straight, bend knees when land).
- Children will replicate some dance moves/small routine with some timing on their own.
- Children will be able to communicate ideas on movements and action words.

Athletics/outdoor activities:

• Children will work in small teams with limitations communication.

- Children will be able to overcome small challenges (hoop challenge, swamp challenge, bench challenge in their teams, quickly.
- Children will take part in relay running and be ready to move when called upon.
- Children often playing by rules.
- Children can throw equipment/jump over different and longer distances using a variety of objects and techniques, with some technical ability with both hands.

Gold/ Mastery:

Games:

- Children will throw and catch a variety of objects with some control and accuracy often, when stationary but not on move.
- He/she is aware of space and can move in space in warm up and activities but doesn't use to outwit opponents and often needs encouragement
- Uses rules regularly and plays fairly often
- Children can hit stationary/ dropped ball with some accuracy, over a net/towards a target

Dance/gym:

- Children can perform simple travels/ moves with some accuracy repeating simple movements, linking two moves together.
- Children can compare and contrast gymnastic routines, describing and evaluate quality and control using simple language (pointing toes, still when balanced, curving, wobbly).
- Children will link different moves/rolls (side roll) /balance on a variety of apparatus with some control.
- They can show good safe landing from low apparatus.
- Children will be able to collaborate and create a small dance with support and will be able to replicate a simple dance with some accuracy and timing

Athletics/outdoor activities:

- Children can work in a team sometimes completing simple tasks.
- Children can take part in a relay, running at correct time using tactics.
- Children can throw a variety of equipment a longer distance with both hands, with good technique sometimes.
- Children will lead small groups in activities and communicate with team mates.